

TENNIS PROGRAM SUMMER 2025

June 9 – August 8, 2025

Registrations for the Junior and Ladies* programs are now open on the TAC Book app on a first-come, first served basis.

*Registrations are on a per-class basis

MONDAY

LADIES

| | |
|------------------------|---|
| 8:00 a.m. – 9:30 a.m. | Intermediate Ladies Clinic (ITN 7 - 6) |
| 8:00 a.m. – 9:30 a.m. | High Intermediate Ladies Clinic (ITN 5) |
| 9:30 a.m. – 11:00 a.m. | Advanced Ladies Clinic (ITN 4 – 3) |

JUNIORS

| | |
|-----------------------|-------------------------------------|
| 4:00 p.m. – 4:45 p.m. | Red Ball 1 (6 years old and below) |
| 4:00 p.m. – 5:00 p.m. | Red Ball 1 (10 years old and below) |
| 4:00 p.m. – 5:00 p.m. | Red Ball 2 & 3 |
| 4:00 p.m. – 5:00 p.m. | Orange Ball 1 |
| 4:45 p.m. – 5:30 p.m. | Red Ball 1 (6 years old and below) |
| 5:00 p.m. – 6:30 p.m. | Green Dot Ball 1 |
| 5:30 p.m. – 6:30 p.m. | Orange Ball 2 |
| 5:00 p.m. – 6:30 p.m. | Advanced Squad |

MEN'S

| | |
|-----------------------|--------------|
| 6:30 p.m. – 9:00 p.m. | Men's Social |
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TUESDAY

LADIES

| | |
|------------------------|---|
| 8:00 a.m. – 9:30 a.m. | Advanced Ladies Clinic (ITN 4 – 3) |
| 8:00 a.m. – 9:30 a.m. | High Intermediate Ladies Clinic (ITN 5) |
| 9:30 a.m. – 11:00 a.m. | Intermediate Ladies Clinic (ITN 7 – 6) |

JUNIORS

| | |
|-----------------------|-------------------------------------|
| 4:00 p.m. – 5:00 p.m. | Red Ball 1 (10 years old and below) |
| 4:00 p.m. – 5:00 p.m. | Orange Ball 1 |
| 4:00 p.m. – 5:00 p.m. | Orange Ball 3 |
| 4:15 p.m. – 5:00 p.m. | Red Ball 1 (6 years old and below) |
| 5:00 p.m. – 6:00 p.m. | Red Ball 2 & 3 |
| 5:00 p.m. – 6:30 p.m. | Green Dot Ball 1 & 2 |
| 5:00 p.m. – 6:30 p.m. | Development Squad |

MEN'S

| | |
|----------------------|------------------------|
| 6:30 p.m. – 8:00 p.m | Tennis Advanced Cardio |
|----------------------|------------------------|

WEDNESDAY

LADIES

| | |
|------------------------|---|
| 8:00 a.m. – 9:30 a.m. | High Intermediate Ladies Clinic (ITN 5) |
| 8:00 a.m. – 9:30 a.m. | Intermediate Ladies Clinic (ITN 7 – 6) |
| 9:00 a.m. – 11:30 a.m. | Ladies Social |

JUNIORS

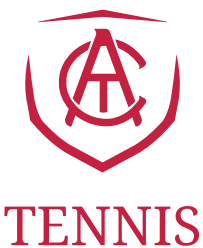
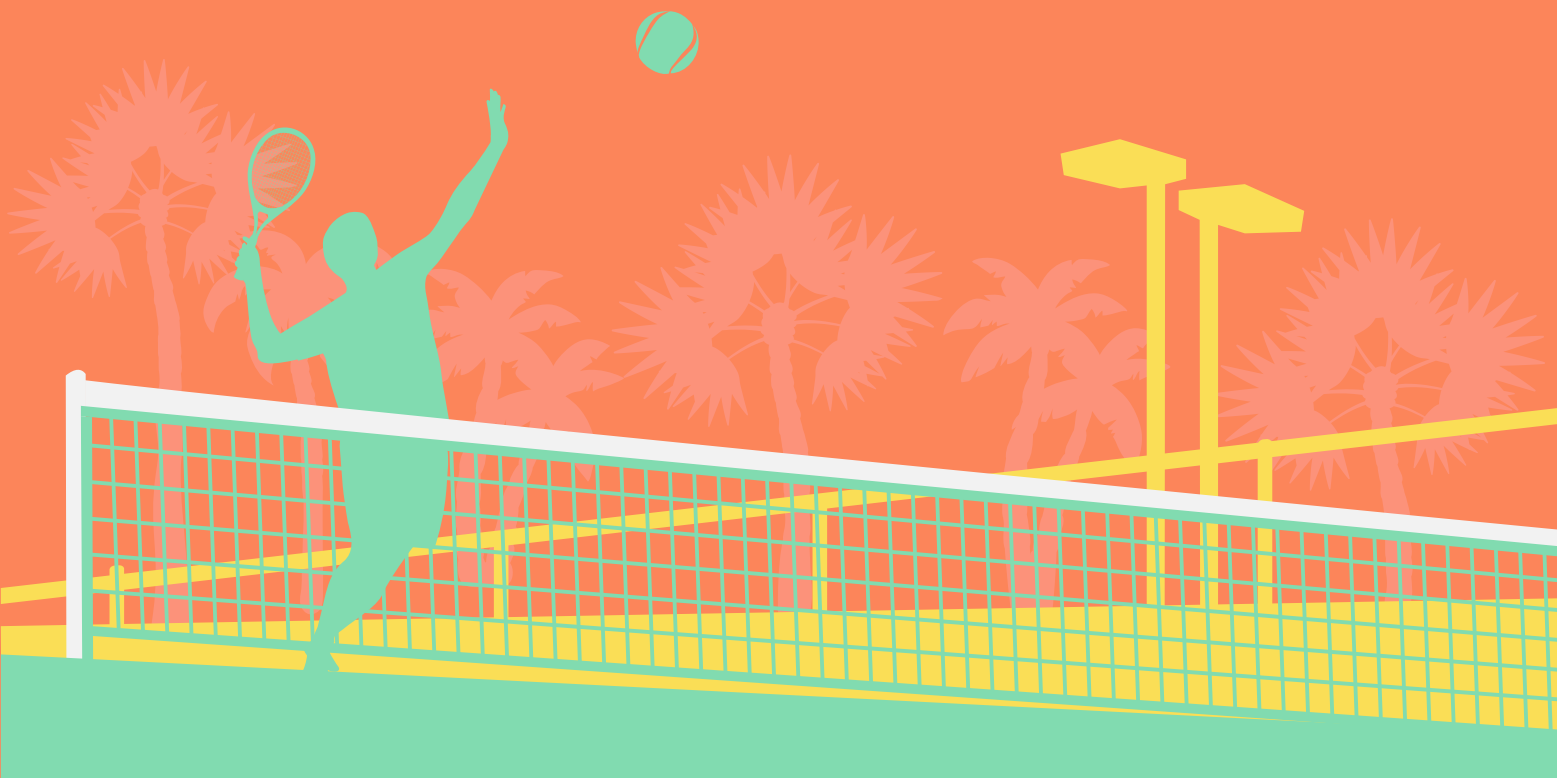
| | |
|-----------------------|-------------------------------------|
| 4:00 p.m. – 5:00 p.m. | Red Ball 1 (10 years old and below) |
| 4:00 p.m. – 5:00 p.m. | Red Ball 2 & 3 |
| 4:15 p.m. – 5:00 p.m. | Red Ball 1 (6 years old and below) |
| 5:00 p.m. – 6:00 p.m. | Orange Ball 2 |
| 5:00 p.m. – 6:00 p.m. | Orange Ball 3 |
| 5:00 p.m. – 6:30 p.m. | Development Squad |
| 5:00 p.m. – 6:30 p.m. | Advanced Squad |

MEN'S

| | |
|-----------------------|---------------|
| 6:30 p.m. – 8:00 p.m. | Double Drills |
|-----------------------|---------------|

MIXED LADIES & MEN:

| | |
|-----------------------|--------------------|
| 6:30 p.m. – 7:30 p.m. | Stroke of the Week |
|-----------------------|--------------------|



CONNECT WITH US



THURSDAY

LADIES

| | |
|-------------------------|---|
| 8:00 a.m. – 9:30 a.m. | Ladies Beginner Class |
| 8:00 a.m. – 9:30 a.m. | High Intermediate Ladies Clinic (ITN 5) |
| 9:30 a.m. – 11:00 a.m. | Intermediate Ladies Clinic (ITN 9 – 8) |
| 9:30 a.m. – 11:00 a.m. | Advanced Ladies Clinic (ITN 4 – 3) |
| 11:00 a.m. – 12:00 p.m. | Ladies ITN Assessment |

JUNIORS

| | |
|-----------------------|-------------------------------------|
| 4:00 p.m. – 5:00 p.m. | Red Ball 1 (10 years old and below) |
| 4:00 p.m. – 5:00 p.m. | Red Ball 2 & 3 |
| 4:00 p.m. – 5:00 p.m. | Orange Ball 1 |
| 5:00 p.m. – 5:45 p.m. | Red Ball 1 (6 years old and below) |
| 5:00 p.m. – 6:00 p.m. | Orange Ball 2 |
| 5:00 p.m. – 6:00 p.m. | Red Ball 1 (6 years old and below) |
| 5:00 p.m. – 6:00 p.m. | Red Ball 1 (10 years old and below) |
| 5:00 p.m. – 6:30 p.m. | Green Dot Ball 1 & 2 |
| 5:00 p.m. – 6:30 p.m. | Advanced Squad |

MEN’S

| | |
|-----------------------|---------------|
| 6:30 p.m. – 8:00 p.m. | Double Drills |
|-----------------------|---------------|

FRIDAY

LADIES

| | |
|------------------------|--|
| 8:00 a.m. – 9:30 a.m. | Advanced Ladies Clinic (ITN 4 – 3) |
| 9:30 a.m. – 11:00 a.m. | Intermediate Ladies Clinic (ITN 7 – 6) |

JUNIORS

| | |
|-----------------------|---------------------------------------|
| 4:30 p.m. – 5:15 p.m. | Red Ball 1 (6 years old and below) |
| 4:30 p.m. – 5:30 p.m. | Red Ball 2 & 3 |
| 4:30 p.m. – 5:30 p.m. | Orange Ball 2 |
| 4:30 p.m. – 5:30 p.m. | Orange Ball 3 |
| 5:00 p.m. – 6:30 p.m. | Green Dot Ball 1 & 2 |
| 5:30 p.m. – 6:15 p.m. | Red Ball 1 (6 years old and below) |
| 5:30 p.m. – 6:30 p.m. | Orange Ball 1 (6 years old and below) |

MIXED LADIES & MEN’S

| | |
|------------------------|--------------------|
| 9:30 a.m. – 10:30 a.m. | Stroke of the Week |
|------------------------|--------------------|

SATURDAY

LADIES

| | |
|-----------------------|----------------|
| 8:00 a.m. – 9:30 a.m. | Ladies Drop-in |
|-----------------------|----------------|

JUNIORS

| | |
|-------------------------|------------------------------------|
| 8:00 a.m. – 9:00 a.m. | Red Ball 1 (6 years old and below) |
| 8:00 a.m. – 9:00 a.m. | Red Ball 2 & 3 |
| 8:30 a.m. – 9:30 a.m. | Orange Ball 1 |
| 8:45 a.m. – 9:30 a.m. | Red Ball 1 (6 years old and below) |
| 11:00 a.m. – 12:00 p.m. | Junior Assessment |

MEN’S

| | |
|------------------------|---------------|
| 9:30 a.m. – 11:00 a.m. | Men’s Drop-in |
|------------------------|---------------|

PROGRAM FEE

| JUNIOR PROGRAM | Price | Duration |
|---------------------------------------|-------|----------|
| Red 1 (6 years old & below) | \$29 | 45 mins |
| Red 1 (10 years old & below) to Red 3 | \$30 | 1hr |
| Orange 1 to Orange 3 | \$30 | 1 hr |
| Green Dot 1 to Green Dot 2 | \$51 | 1.5 hrs |
| Development Squad | \$51 | 1.5 hrs |
| Advanced Squad | \$51 | 1.5 hrs |
| Ladies Clinic | \$51 | 1.5 hrs |
| Ladies / Men’s Drop-In | \$51 | 1.5 hrs |
| Men's Double Drills | \$51 | 1.5 hrs |
| Cardio Tennis | \$51 | 1.5 hrs |
| Ladies / Men’s Social | \$20 | 2.5 hrs |
| Sip & Serve - Mixed Social | \$37 | 2.5 hrs |

| PRIVATE LESSONS | Price |
|--|-------|
| Tennis Professional | \$114 |
| Tennis Director | \$124 |
| Each additional person: \$10 on tops of private lesson fee | |

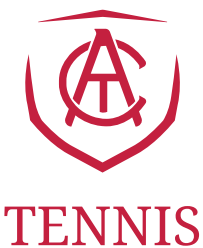
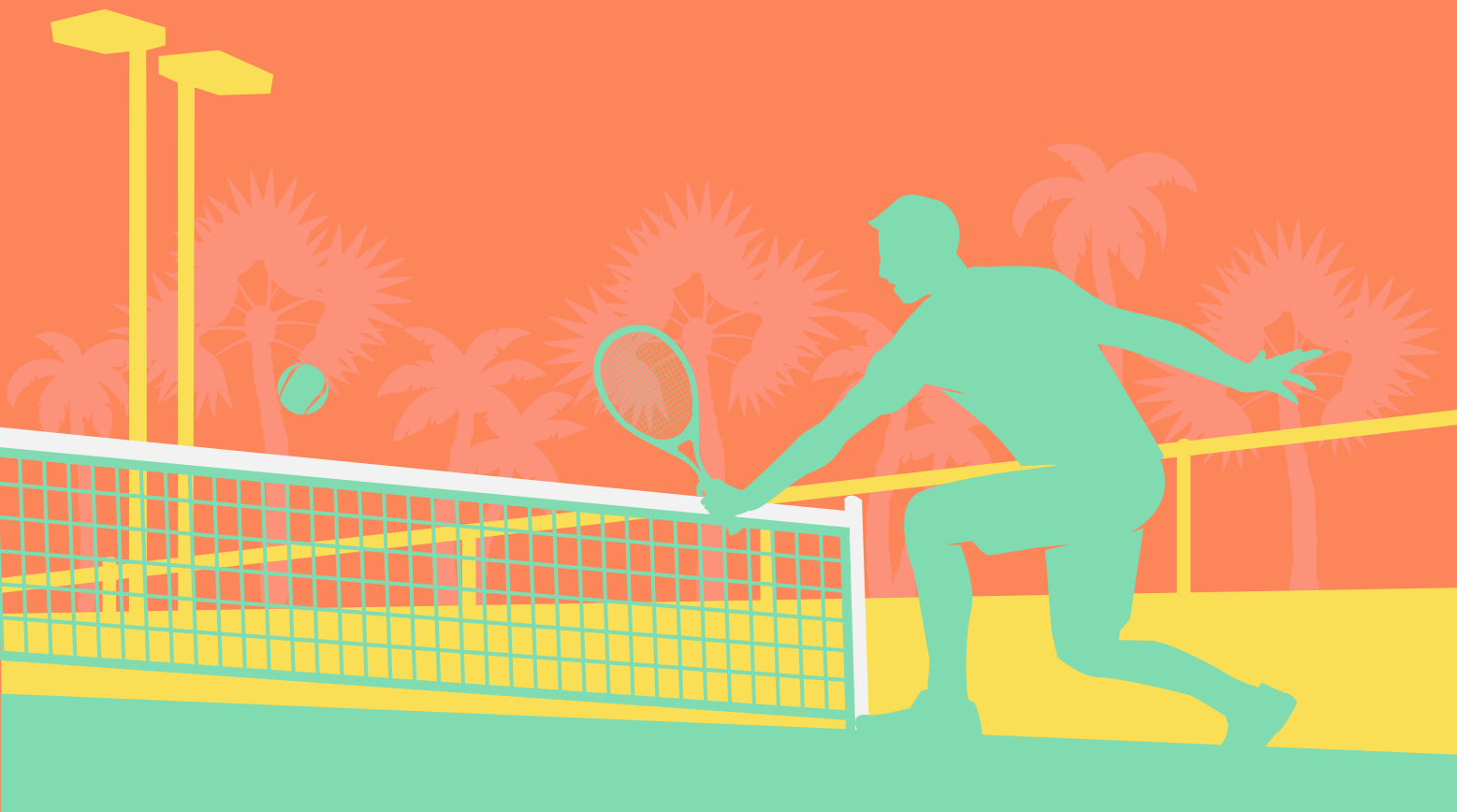
Register via the TAC Book App

Log into the TAC Book app
> Click Explore > Tennis > Sessions > Groups

Terms and Conditions:

- Registration is on a first-come, first-served basis
- All registrations and fees are charged per class, not for the entire term
- A 48-hour cancellation policy apply
- In the event of inclement weather, classes will be cancelled, and Members will be notified via SMS
- Min. 4 sign-ups (Junior Program) and 3 sign-ups (Ladies Program) for the class to start

For more information, contact Sports Counter at 6739 4312 or email sportscounter@amclub.org.sg



CONNECT WITH US

