

TENNIS PROGRAM WINTER 2025

December 29, 2025 – January 9, 2026

Registrations for the Junior and Ladies* programs are now open on the TAC Book app on a first-come, first served basis.

*Registrations are on a per-class basis

MONDAY

LADIES

8:00 a.m. – 9:30 a.m.	High Intermediate Ladies Clinic (ITN 5)
8:00 a.m. – 9:30 a.m.	Intermediate Ladies Clinic (ITN 7-6)
9:30 a.m. – 11:00 .a.m.	Beginners Ladies Clinic (ITN 8 – 9)
9:30 a.m. – 11:00 a.m.	Advanced Ladies Clinic (ITN 3 – 4)

JUNIORS

4:30 p.m. – 5:30 p.m.	Red Ball 1 (10 years old and below)
4:30 p.m. – 5:30 p.m.	Orange Ball 1
4:45 p.m. – 5:30 p.m.	Red Ball 1 (6 years old and below)
5:30 p.m. – 6:30 p.m.	Red Ball 2
5:30 p.m. – 6:15 p.m.	Red Ball 1 (6 years old and below)
5:30 p.m. – 6:30 p.m.	Red Ball 3
4:30 p.m. – 5:30 p.m.	Orange Ball 2
5:30 p.m. – 6:30 p.m.	Orange Ball 3

MEN'S

6:30 p.m. – 9:00 p.m.	Men's Social
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TUESDAY

LADIES

8:00 a.m. – 9:30 a.m.	Advanced Ladies Clinic (ITN 3 – 4)
8:00 a.m. – 9:30 a.m.	High Intermediate Ladies Clinic (ITN 5)
9:30 a.m. – 11:00 a.m.	Intermediate Ladies Clinic (ITN 7 - 6)
9:30 a.m. – 11:00 a.m.	Beginners Ladies Clinic (ITN 8 – 9)
6:30 p.m. – 8:00 p.m.	Cardio Tennis

JUNIORS

4:00 p.m. – 5:00 p.m.	Red Ball 2
4:00 p.m. – 5:00 p.m.	Orange Ball 2
4:15 p.m. – 5:00 p.m.	Red Ball 1 (6 years old and below)
5:00 p.m. – 6:30 p.m.	Green Dot 1
5:00 p.m. – 6:30 p.m.	Green Dot 2
5:00 p.m. – 6:30 p.m.	Tennis Development Squad (18 years old and below)
5:00 p.m. – 6:30 p.m.	Advanced Squad (A1 – 18 years and below)

MEN'S

6:30 p.m. – 8:00 p.m.	Men Drop-in
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WEDNESDAY

LADIES

8:00 a.m. – 9:30 a.m.	Advanced Ladies Clinic (ITN 4-3)
9:30 a.m. – 11:00 a.m.	High Intermediate Ladies Clinic (ITN 5)

JUNIORS

4:00 p.m. – 5:00 p.m.	Orange Ball 3
4:00 p.m. – 5:00 p.m.	Red Ball 2
4:00 p.m. – 5:00 p.m.	Red Ball 3
4:00 p.m. – 5:00 p.m.	Orange Ball 1
5:00 p.m. – 6:30 p.m.	Green Dot 2
5:00 p.m. – 6:30 p.m.	Green Dot 1
5:00 p.m. – 6:30 p.m.	Development Squad
5:00 p.m. – 6:30 p.m.	Advanced Squad

MEN'S

6:30 p.m. – 8:00 p.m.	Men Double Drill
6:30 p.m. – 7:30 p.m.	Stroke of the Week



THURSDAY

LADIES

8:00 a.m. – 9:30 a.m.	Advanced Ladies Clinic (ITN 4 – 3)
8:00 a.m. – 9:30 a.m.	Intermediate Ladies Clinic (ITN 9 – 8)
9:30 a.m. – 11:00 a.m.	High Intermediate Ladies Clinic (ITN 5)
9:30 a.m. – 11:00 a.m.	Beginners Ladies Clinic (ITN 7 – 6)

JUNIORS

4:00 p.m. – 5:00 p.m.	Orange Ball 2
4:00 p.m. – 5:00 p.m.	Red Ball 1 (10 years old and below)
4:00 p.m. – 5:00 p.m.	Red Ball 3
4:15 p.m. – 5:00 p.m.	Red Ball 1 (6 years old and below)
5:00 p.m. – 6:30 p.m.	Green Dot 1
5:00 p.m. – 6:30 p.m.	Development Squad
5:00 p.m. – 6:30 p.m.	Advanced Squad

Men’s

6:30 p.m. – 8:00 p.m.	Men’s Double Drill
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FRIDAY

LADIES

8:00 a.m. – 9:30 a.m.	High Intermediate Ladies Clinic (ITN 5)
8:00 a.m. – 9:30 a.m.	Advanced Ladies Clinic (ITN 4 – 3)
9:30 a.m. – 11:00 a.m.	Intermediate Ladies Clinic (ITN 7 – 6)

JUNIORS

4:15 p.m. – 5:00 p.m.	Red Ball 1 (6 years old and below)
4:00 p.m. – 5:00 p.m.	Orange Ball 2
4:00 p.m. – 5:00 p.m.	Red Ball 1 (10 years old and below)
4:00 p.m. – 5:00 p.m.	Orange Ball 3
5:00 p.m. – 6:00 p.m.	Orange Ball 1
5:00 p.m. – 6:30 p.m.	Green Dot 2
5:00 p.m. – 6:30 p.m.	Advanced Squad

SATURDAY

LADIES

8:00 a.m. – 9:30 a.m.	Ladies Drop-in
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JUNIORS

11:00 a.m. – 12:00 p.m.	Tennis Junior Assessment
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Men’s

9:30 a.m. – 11:00 a.m.	Men Drop-in
11:30 a.m. – 1:00 p.m.	Men Drop-in

Program fee

Junior Program	Price	Duration
Red 1 (6 years old & below)	\$29	45 mins
Red 1 (10 years old & below) to Red 3	\$30	1 hr
Orange 1 to Orange 3	\$30	1 hr
Green Dot 1 to Green Dot 2	\$51	1.5 hrs
Development Squad	\$51	1.5 hrs
Advanced Squad	\$51	1.5 hrs
Transitional Advanced Squad	\$51	1.5 hrs
Ladies Clinic	\$51	1.5 hrs
Social	\$20	1.5 hrs
Drop-in	\$51	1.5 hrs

Private Lesson

Price

Tennis Professional	\$114
Tennis Director	\$124
Each additional person: \$10 on top of private lesson fee	

Terms and Conditions:

- Registration is on a first-come, first-served basis
- Min. 3 sign-ups (Junior Program) and 3 sign-ups (Ladies Program) for the class to start
- No classes on public holidays
- In the event of inclement weather, classes will be cancelled, and Members will be notified via SMS
- By registering for the program, you agree to adhere to its terms and conditions without exceptions
- All sign-ups will be on 48-hour cancellation policy

