

Nail Care by SpaRitual

Essentials	Mani	Pedi
Classic Essentials (40 – 45 mins) <i>Includes soaking, shaping, buffing, cuticle care, a relaxing massage, and nail lacquer application. For pedicures, foot filing and scrub is also included.</i>	\$35	\$45
Luxe Essentials (80 – 90 mins) <i>Includes serums and tonics, specialty massage, paraffin mask, scrub and premium nail lacquer application</i>	\$76	\$86
Essentials Add-ons	Mani	Pedi
French	\$10	\$10
Nail Art (per nail)	From \$5	From \$5
Rhinestones (per stone)	\$1	-
Callous Eliminator	-	\$10
Basic Service	Mani	Pedi
Re-polish	\$12	\$12
Princess Polish OTG	\$12	\$12
Ingrown Nail Clean-up	-	\$10
Express Service (Shape & Cuticle Clean-up) <i>Complimentary polish upon request; No soaking</i>	\$28	\$32
Callous Eliminator Treatment <i>Callus eliminator, foot filing & collagen foot mask</i>	-	\$38
Gels	Single	Set
Gelish Experience <i>Includes soak-off for your most recent nail service at sên Spa</i>	\$66	\$81
Gelish Experience <i>Includes soak-off for your most recent nail service done outside sên Spa</i>	\$76	\$96
Builder In A Bottle (BIAB) Experience	\$110	-
Gel Base Strengtheners	\$10	\$30
Gel Extension Add-ons	Single	Set
Extension with Tips	\$15	\$140
Extension Removal	\$15	\$140
Gel Removal/Polish Add-ons	Mani	Pedi
Gel Polish Removal	\$10	\$15
Gel Polish Removal <i>For your most recent nail service done outside sên Spa</i>	\$20	\$25
Builder Gel Removal	\$20	-
Builder Gel Removal <i>For your most recent nail service done outside sên Spa</i>	\$25	-
Gel Polish Only	\$25	\$25
Gel Add-ons	Mani	Pedi
French	-	\$15
Nail Art (Chrome, Cat Eye, etc.)	From \$8	\$20
Hand & Foot Care	Mani	Pedi
Mask (Choice of Paraffin/Collagen)	\$25	\$30
Scrub Application	\$5	\$5
4 Step (Soak, Scrub, Mask & Lotion)	\$30	\$30

Hair by Aveda

Cut & Finish - Includes wash, cut and blow dry	Ladies			Men
Grown-up	\$55			\$40
Teen's Cut (under 18)	\$40			\$35
Children's Cut*	\$35			\$30
Dry Cut	Ladies			Men
Grown-up	\$45			\$35
Teen (under 18)	\$35			\$30
Child (under 12)	\$30			\$25
Fringe	\$15			\$15
Shampoo	S	M	L	XL
Shampoo	\$25	\$30	\$35	\$40
Shampoo & Blow Dry	\$35	\$40	\$45	\$50
Shampoo & Blow Dry (Child*)	\$25	\$30	\$35	\$40
Shampoo & Up-do / Iron	\$50	\$55	\$60	\$65
Shampoo, Blow Dry & Set	\$40	\$45	\$50	\$55
Iron / Blow Dry only	\$30	\$35	\$40	\$45
Rebonding / Perm	S	M	L	XL
Perm	\$130	\$140	\$150	\$160
Digital Perm	\$265	\$295	\$335	\$365
Rebond with Digital Perm	-	\$395	\$430	\$460
Soft Rebonding	\$285	\$335	\$385	\$435
Fringe Rebonding	\$90	-	-	-
Colors & Tints	S	M	L	XL
Whole Head Color	\$130	\$160	\$180	\$205
Whole Head Foil Highlights				
1 Color Tint*	\$130	\$160	\$180	\$205
2 Color Tint*	\$200	\$225	\$250	\$275
3 Color Tint*	\$240	\$265	\$290	\$315
*Additional fee for 40 foils & above	\$55	\$55	\$55	\$55
Partial Foil Highlights				
1 Color Partial Highlights	\$70	\$80	\$90	\$105
2 Color Partial Highlights	\$110	\$125	\$140	\$155
*Additional fee for 20 foils & above	\$55	\$55	\$55	\$55
Color Retouch – Roots	\$120	-	-	-
Hair Toning - add on only	\$40	-	-	-
Sideburn Color	\$40	-	-	-
Grey blending	\$60	-	-	-
Treatments	S	M	L	XL
Post Treatment Remedy	\$40	-	-	-
Express Scalp	\$55	-	-	-
(Excluding Shampoo and Blow Dry)				-
Scalp	\$135	-	-	
Hair	\$150	\$160	\$170	\$180
Hair & Scalp	\$205	\$215	\$225	\$235
Olaplex Solo Intensive	\$140	\$150	\$160	\$170
Olaplex Pre/Post Color	\$75	-	-	-
Olaplex Add-on	\$40	-	-	-
Keratin Treatment	S	M	L	XL
Medium / Intense Finish	\$445	\$465	\$485	\$505
Fringe Only	\$125	\$135	\$145	-

*Child: Under 12 years old

S - Short hair M - Medium hair L - Long Hair XL - Extra long hair

Enhancing your experience at sên

Arrive at least 5 minutes before your treatment time. If you are late, we may have to shorten your treatment in order to be punctual for the next Member.

Lockers are available, however, you are advised not to bring valuables to sên.

Wi-Fi is available within the spa.

sên is a quiet conversation area. For the consideration of other Members, the use of cell phones is not permitted in the spa except at the reception or change rooms for quick and light conversations. Please switch all cell phones to silent mode when in the premises.

Please inform us of any health conditions at the time of booking, including recent surgery, pregnancy, high blood pressure, heart conditions and allergies.

Please provide us with at least 48 hours' notice for cancellations or changes to your reservations to avoid being charged for your treatments.

Children under 12 are not allowed in sên, except for hair and nail services at the hair salon.

Guests of sên must be accompanied by a Member. An additional charge of 15% applies for all services rendered to Guests.

- All treatment prices displayed in the sên Spa menu and brochures are quoted in Singapore Dollars.
- All prices quoted are inclusive of GST.

Booking an appointment

To schedule appointments, WhatsApp **9630-1877** or email spa@amclub.org.sg.

Operating Hours

Monday to Saturday : 9:00 a.m. – 8:00 p.m.
Sunday & Public Holiday : 9:00 a.m. – 6:00 p.m.

Our team will be happy to answer any questions you may have about our products, services or packages. WhatsApp **9630-1877** or email spa@amclub.org.sg.



RATE CARD

Body Massages

Customized Massage	
15 minutes	\$28
30 minutes	\$56
45 minutes	\$84
60 minutes	\$112
75 minutes	\$138
90 minutes	\$165
120 minutes	\$208
Signature Lymphatic Massage	
60mins	\$145
90mins	\$198
Hot Stone Massage	
90 minutes	\$215
Sports Massage	
30 minutes	\$78
60 minutes	\$145
75 minutes	\$175
90 minutes	\$198
Pre- or Post-natal Massage	
60 minutes	\$115
90 minutes	\$168
Guest Therapist Massage	
60 minutes	\$195
75 minutes	\$235
90 minutes	\$275
120 minutes	\$360

Body Scrubs

<i>Breathing Ritual + Exfoliation + Lotion Application</i>	
Turkish Body Scrub with Eucalyptus	\$70
45 minutes	
Chamomile Body Scrub	\$70
45 minutes	

Body Wraps

<i>Breathing Ritual + Body Exfoliation + Body Masque + Mini-Facial# + Scalp, Neck, Foot Massage</i>	
Moor Mud Wrap	\$195
90 minutes#	
Spirulina Body Wrap	\$195
90 minutes#	

Essential Facials

<i>KF Breathing Ritual + Optional Extraction + Massage of the face, eyes, décolleté, shoulders & hands + Single Mask</i>	
Hydrating	\$150
75 minutes	
Deep Cleansing	\$150
75 minutes	
Gentleman's	\$145
60 minutes	
Teens	\$100
60 minutes	
Express	\$55
30 minutes	
Back Facial	\$112
60 minutes	

Advanced Facials

<i>Breathing ritual + Consultation + Optional Extraction, Massage of the face, eyes, décolleté, shoulders, hands & feet* + Masque* (*except for K-Lift Accelerator)</i>	
Signature Jade Radiance Facial	\$308
120 minutes	
Signature Lymphatic Facial	\$297
105mins	
Cell Renewal by Reveel	\$288
105 minutes	
Caviar by Kerstin Florian	\$278
105 minutes	
Collagen by Reveel	\$228
90 minutes	
K-Lift Accelerator by Kerstin Florian	\$220
105 minutes	
Brightening by Kerstin Florian	\$218
90 minutes	
Protein Infusion by Kerstin Florian	\$218
90 minutes	

Add-ons	
<i>Enhance the benefits of your favorite facial treatment with our selected add-ons.</i>	

Express Eyes / Lips / Lift — 15 minutes	\$60
Express Congestion — 15 minutes	\$60
Pro30 Multi-Acid Peel*	\$25
Eye Rescue Pad*	\$35
Mask: Chitosan / Brightening*	\$35
Smoothing Eye Mask by Reveel*	\$35
Ampoule: Pure Vitamin C / Intensive Repair**	\$65
Vitamin C Concentrate by Reveel**	\$65

<i>*This upgrade is available for Essential facials and K-Lift</i>	
<i>** This upgrade is available for Essential facials, Advanced facials and K-Lift</i>	

Grooming

Bikini	Ladies	Men
Bikini Line (F) / Groin Line (M)	\$30	\$35
Extended Bikini Line	\$45	\$55
Brazilian + Labia	\$60	-
Hollywood	\$70	-
Boyzellian	-	\$90
Pinkini Intimate Treatment	Ladies	Men
30 minutes (post-wax add-on)	\$120	-
60 minutes (full)	\$190	-
Lower Body	Ladies	Men
Lower Back	\$25	\$35
Lower Leg	\$40	\$50
Upper Leg	\$45	\$50
Back of Thighs / Inner Thighs	\$18	\$25
Full Leg	\$78	\$88
Buttocks	\$22	\$28
Upper Body	Ladies	Men
Under Arm / Half Arm	\$28	\$35
Full Arm / Chest / Stomach	\$38	\$50
Nipples / Navel	\$10	\$12
Full Back	\$65	\$78
Hands & Feet	Ladies	Men
Fingers / Toes	\$10	\$12
Top of Feet / Back of Hand	\$12	\$14
Face	Ladies	Men
Eyebrows	\$25	\$26
Upper Lip / Chin / Ears / Nose	\$18	\$20
Neck	\$25	\$30
Forehead / Sideburns	\$18	\$22
Jawline / Cheeks	\$18	\$22
Other Grooming Essentials	Ladies	Men
Lash / Brow Tinting	\$25	\$25



RATE CARD